Personal Leadership Experience Honors Program
Successful leadership

“Successful leadership depends on the quality of attention and intention that the leader brings to any situation.

Two leaders in the same circumstances doing the same thing can bring about completely different outcomes, depending on the inner place from which they operate”

- Otto Scharmer (MIT) Theory-U-
Highly valuable for graduate students

- Who want to develop their leadership skills,
- Who want to develop their talents and use them effectively,
- Who want to choose the right career path,
- Who want to improve their work-life balance,
- Who want to work in teams effectively,
- Who want to develop their entrepreneurial skills.
- What want to gain self confidence

➤ Who want to create value based on their talents and dreams
The program:

• Consists of 8 meetings with other students from TU/e.
• Makes use of small groups (+/- 8 participants) to enhance social learning
• Is based on learning by doing; little theory, lots of practice + working on personal goals and projects
• Uses (group)exercises from, amongst others, Harvard, MIT, Nyenrode, and professional leadership development programs,
• Covers various leadership skills such as time-management, dialogue and listening, goal-setting, decision making, prototyping and networking
• Uses music, poetry, meditation, film and fun.
• Is thought in English

➤ The Personal Leadership Experience is smart, innovative and incredibly valuable.
## The program:

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<th>Part 1</th>
<th>Reflection and analysis</th>
<th>Skills/ results</th>
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<td>Session 1</td>
<td><em>If it is meant to be, it’s up to me</em>&lt;br&gt;- What drives me? -</td>
<td><em>Reconnect to your dreams,</em>&lt;br&gt;<em>Generative listening and dialogue</em></td>
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<td>Session 2</td>
<td><em>Energize yourself</em>&lt;br&gt;- What do I need to be my best? -</td>
<td><em>Time and energy management</em>&lt;br&gt;<em>Work-life balance</em></td>
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<td>Session 3</td>
<td><em>The Golden Goose</em>&lt;br&gt;- What are my talents? -</td>
<td><em>Connect to your ambitions</em>&lt;br&gt;<em>360° feedback</em></td>
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<td>Session 4</td>
<td><em>Your Mission Statement</em>&lt;br&gt;- How to combine the above? -</td>
<td><em>Goal-setting</em>&lt;br&gt;<em>Mission Statement</em></td>
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### Part 2 Application and prototyping

| Session 5 | *Win-win*<br>- How to create value? - | *Your added value*<br>*Decision making* |
| Session 6 | *One*<br>- How to focus and communicate? - | *Networking*<br>*Prototyping* |
| Session 7 | *Inspire!*<br>- How to live my Mission? - | *Connect to your inspiration*<br>*Prototyping* |
| Session 8 | *Go and live your dream*<br>- How to help others lead? - | *Know how to continue to develop yourself and facilitate others in the same process* |
Results:

• You know by experience what matters to you, what you need to be your best and what your talents are.
• You know what you want to do with these talents, needs and drives.
• You are better in making the right choices for yourself
• You are better in setting the right goals for yourself
• You are better in developing yourselves
• You are better in creating structural value for yourself and others
• And even better; you already started doing all this!

➢ You are well on your way to be a inspiring leader by being your best